

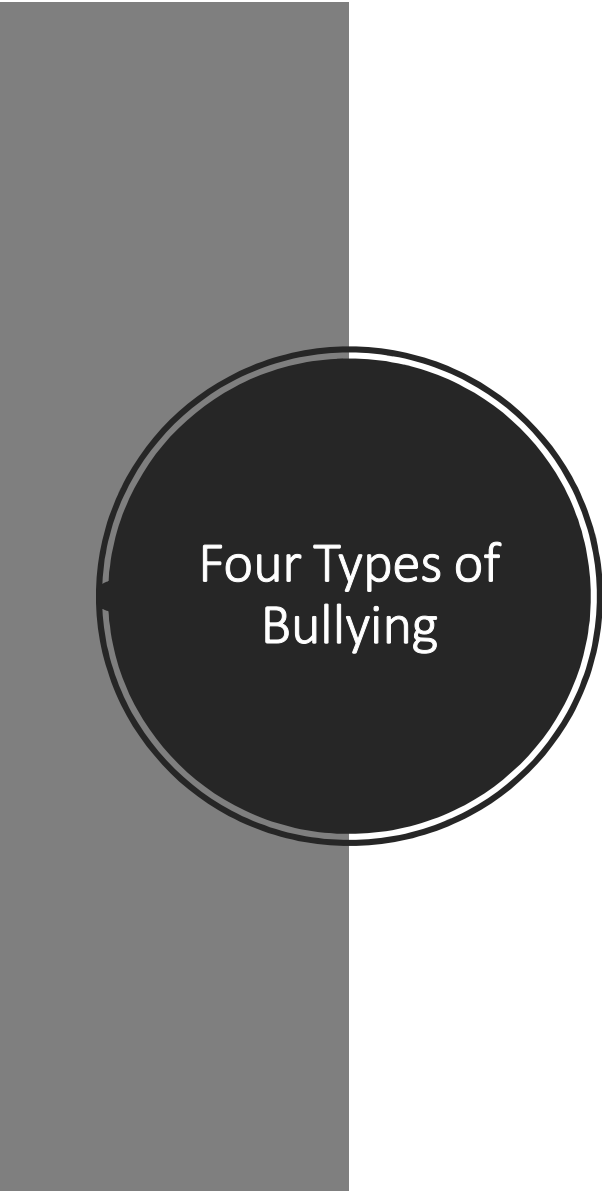
What is bullying?

- It must have three components
- **Purpose:** Any aggressive or unwanted behavior that is intended to harm, intimidate or humiliate the victim
- **Power:** Involves a real or perceived power imbalance between the aggressor(s) and the victim
- **Pattern:** Occurs repeatedly over time

How is bullying different from someone who is being mean?

- Bullying targets the same person, and it happens repeatedly. Someone who is just being mean may do it once or a few times.





Four Types of Bullying

- 1. PHYSICAL-** hitting, pushing, shoving, kicking, stealing, damaging someone else's things
- 2. VERBAL-** common, quick and easy, hard to prove, name-calling, rumors, gossip, cruel teasing, saying untrue things about someone
- 3. SOCIAL/EMOTIONAL-** makes victim feels sad, scared, alone. Excluding and ostracize someone, telling lies about someone, embarrassing someone in front of others
- 4. CYBER-** any electronic device that connects your with other people. Bullying through text, apps, email, gaming consoles. Posting rumors on social media, sharing embarrassing pictures or videos.

How do schools respond to bullying?



Take reports seriously



Investigate allegations



Support provided, regardless of finding

Bullying or Mistreatment Outside of School

If it bullying occurs outside of school, it is addressed between parents

If it affects students in school, then the school will need to address the educational impact

Severe cases may require the involvement of law enforcement